



# AUTHENTIC POWER DATES

January - Pillar 1: Laying  
the Foundations

Wednesday 17th January - T  
Wednesday 24th January - E  
Wednesday 31st January - M

February - Pillar 2: The Inner  
Temple

Wednesday 14th February - T  
Wednesday 21st February - E  
Wednesday 28th February - M

March - Pillar 3: Deeper  
Tending

Wednesday 13th March - T  
Wednesday 20th March - E  
Wednesday 27th March - M

April - Pillar 4: Breaking  
the Shame Loop

Wednesday 10th April - T  
Wednesday 17th April - E  
Wednesday 24th April - M

May - Pillar 5: It Is Not All  
You

Wednesday 8th May - T  
Wednesday 15th May - E  
Wednesday 29th May - M

June - Pillar 6: Accessing  
Your Inner Lioness

Wednesday 12th June - T  
Wednesday 19th June - E  
Wednesday 26th June - M

July - Pillar 7: Healing Your  
Voice

Wednesday 10th July - T  
Wednesday 17th July - E  
Wednesday 24th July - M

September - Pillar 9: Shared  
Power & Living Aligned

Wednesday 11th September - T  
Wednesday 18th September - E  
Wednesday 25th September - M

\*\*\* August - Pillar 8: Rest is Power.  
Integration call and meditations.

T - Teaching  
E - Embodiment Journey  
M - Wise Women Medicine Circle

All calls are Uk evening.